



MARK A. ESPINOSA  
President

UNITED FOOD AND COMMERCIAL WORKERS UNION

L O C A L 9 1 9

U.F.C.W.

6 Hyde Road • Farmington, Connecticut 06032-2802 • Tel. 860-677-9333  
Outside Local Dialing Area 1-800-842-2215  
www.ufcw919.org



JASON DOKLA  
Secretary-Treasurer

March, 2023

Is retirement for you a distant idea that old people talk about or is it a dream just around the corner for you? As I talk to so many different members, that most fall into one of these two camps. When I talk with many of our Union's young membership, retirement and a pension is the absolute furthest thing from their mind. Surprisingly, many don't even realize they are earning a pension. I too, remember thinking the same way when I was a young clerk in the stores. At some point, that thinking starts to change. As the years trickle by, we start thinking more about that pension that we hear Union Leadership talk so much about.

For many years I served as an alternate Labor Trustee on the Local 919 Pension Fund. Since 2019, I was appointed as a Labor Trustee alongside President Espinosa. Business Agent Joanna Santana became your alternate Labor Trustee. Together, we serve with Management trustees as well. Serving as a trustee on your pension fund involves a lot of learning, listening, and many times making difficult decisions for the sole purpose of protecting your pension. Learning from President Espinosa, and mentors James R. Wallace Jr. and Maureen Mas as well as the fund consultants was and remains invaluable to me. Mark and I take immense pride knowing that collectively, we manage your Pension Fund in a way that many other pension funds only wish they could. Our number one responsibility is to ensure that your promise of a pension whether you are part-time or full-time, will be there for you for the rest of your life, a promise that we take very seriously. Your pension is a negotiated benefit, that along with Health & Welfare, takes a lot of time, energy and money at the bargaining table. Your Employer pays the full cost of your pension. Your Employer's financial contributions, based on the hours that you work, are strategically invested in the stock market to earn the returns needed to keep your pension fully funded and certified in the "Green Zone" as it stands today. Your pension remains a free benefit to you.

Less than 10 percent of the workforce enjoy a pension benefit. Many employers have moved to 401k's and profit sharing. These are great retirement benefits, but to this Labor guy, does not compare to a "guaranteed for life" pension. I view your pension as one of the legs of your retirement stool. The "three-legged stool" is an old phrase that many financial planners once used to describe the three most common sources of retirement income: Social Security, employee pensions, and personal savings/investments. It was expected that this trio would together provide a solid financial foundation for the senior years. None of the three was expected to support most retirees on its own. Not all of the employers that Local 919 represents is a contributing employer in our pension fund. As different contracts are re-negotiated or new contracts are won, enticing an employer to join our pension is always at the top of the list of contract proposals. The Pension office sends out 3500 pension checks per month! Last year alone, the pension office received 247 new applications for retirement. We wish sincere congratulations to all those that have retired or will soon be retiring! You have made it! What an accomplishment serving your Employer, your customers and most importantly, your Union! Thank you from the bottom of my heart for the privilege to serve you each and every day!

In Solidarity,

Jason Dokla

Secretary-Treasurer

*Over 70 Years of Services To Its Members and The Community*

Want to learn more about what your local union does for you?

## Follow us on Facebook and Instagram



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@UFCW Local 919



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# IN PERSON

## UFCW LOCAL 919 GENERAL MEMBERSHIP MEETINGS



**DOUBLE TREE**  
*by Hilton*  
42 Century Dr.,  
Bristol, CT 06010  
7:00 P.M.



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### MEETING NOTICE

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**Monday, June 26, 2023**  
**Monday, September 25, 2023**  
**Monday, December 18, 2023**

## UFCW LOCAL 919 GENERAL MEMBERSHIP MEETINGS

Meetings will be held on the  
Local's Face Book Live Page.  
**Meetings start promptly at 6 PM**

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### MEETING NOTICE

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**Monday March 27, 2023**

**DO NOT HESITATE TO CONTACT YOUR UNION** office if you have a problem pertaining to your job or any problem where you feel the Union can help you.

#### PHONE CALLS

#### LOCAL

#### LONG DISTANCE

Union.....(860) 677-9333..... 1-800-842-2215

#### Health & Welfare and Pension

Health & Welfare.....(860) 470-8551..... 1-800-750-1092

Pension Office.....(860) 677-8671..... 1-800-842-2214

Credit Union..... 1-800-225-3609

[www.ufcw919.org](http://www.ufcw919.org)

# ADDITIONAL SCHOLARSHIP OPPORTUNITIES THROUGH YOUR UNION MEMBERSHIP.

## Building A Better Life Through Your Union.

UFCW is about workers coming together to build better lives for themselves and creating opportunities. Each year, the UFCW Charity Foundation awards scholarships of up to \$8,000 each to UFCW members' families who want to further their education and demonstrate a commitment to their communities and to UFCW values. Since 1958, we have distributed more than \$2 million in scholarships. UFCW-employed officers, staff, and their immediate families are not eligible.

1. The scholarships are limited to any UFCW member who has been active since January 1, 2022.

a. The children and/or dependents of active members are also eligible to apply if they are unmarried and under the age of 20 on May 31, 2023.

b. The scholarship application and essay must be completed by the eligible student to receive the scholarship.

2. The scholarship recipients will be selected and awards made on the basis of several factors, including scholastic achievements, community involvement, and an essay that shows an understanding of the principles of the labor movement.

3. The UFCW Charity Foundation Scholarship Application Form is completed when the scholarship committee receives your Official Grades Transcript and Part B Form (which is provided after you complete the application online). Both must be mailed with a postmark date no later than May 28, 2023. Keep in mind the time frame needed to receive the information from your school.

1. Complete the UFCW Charity Foundation Scholarship Application online. The application requires you to fill out a family profile; list school activities, awards, and your work experience, and complete an essay. If you are unable to apply online, you may request an application by writing to UFCW Charity Foundation, Attn: Scholarship Program, 1775 K St., NW, Washington, DC 20006.

5. Go to [ufwcharityfoundation.org](http://ufwcharityfoundation.org) for Online Application and Full Details.





MARK A. ESPINOSA  
President

Dear Scholarship Applicant:

This is your long form application for the Local 919 Scholarship Awards program. The officers, executive board and entire membership extend their warmest wishes for your future success.

Fraternally,  
Mark A. Espinosa  
President



## Long Form Application

Scholarship Awards Competition Sponsored by United Food & Commercial Workers  
Local 919, 6 Hyde Road, Farmington, Connecticut 06032-2802

You must fill in this form and then have the reverse side completed and signed by an official of the high school attended and mail it to the Local 919 Scholarship Selections Committee at the above address. The application must be printed clearly in ink or typewritten. Be sure to fill in all parts.

- Name \_\_\_\_\_ Soc. Sec. No. \_\_\_\_\_  
(Last) (First) (Middle)
- Home Address \_\_\_\_\_  
(Number) (Street) (City) (Zip Code)
- Date of Birth of Applicant \_\_\_\_\_ Sex \_\_\_\_\_ Married? \_\_\_\_\_ Home Phone \_\_\_\_\_
- Are you a member of Local 919? (Yes) (no) If not, is your parent a member? (Yes) (no)
- Parent's name (if a member) \_\_\_\_\_ Soc. Sec. No. \_\_\_\_\_  
(Last) (First)
- Indicate any job experience you have had, including present job.

Name and address of Employer	Kind of position	Dates held

- List every school you have attended whether you graduated or not, giving exact dates of attendance.

	Name and location	Date of Entrance	Date of Withdrawal	Diploma or Degree received	Reason for withdrawal other than graduation
High Schools					
Other					

- In what student activities did you participate in high school. Please check.  
 Nonathletic: band \_\_\_\_\_ glee club \_\_\_\_\_ orchestra \_\_\_\_\_ debate \_\_\_\_\_  
 school publications \_\_\_\_\_ other \_\_\_\_\_  
 Athletic: baseball \_\_\_\_\_ basketball \_\_\_\_\_ football \_\_\_\_\_ fencing \_\_\_\_\_ soccer \_\_\_\_\_  
 swimming \_\_\_\_\_ track & field \_\_\_\_\_ tennis \_\_\_\_\_ other \_\_\_\_\_
- List any offices held or honors received in these activities. \_\_\_\_\_
- List any academic honors which you may have received. \_\_\_\_\_
- Check the career for which you are preparing. I will graduate from High School (Check one):  
 February, 2023  June, 2023  
 \_\_\_\_\_ Liberal Arts (B.A.); Law \_\_\_\_\_ Business Administration; Accounting  
 \_\_\_\_\_ Communication Arts, Teaching etc. \_\_\_\_\_ Economics; Labor-Management  
 \_\_\_\_\_ Science; Engineering \_\_\_\_\_ Physical Education  
 \_\_\_\_\_ Medical School, Pre-Dental \_\_\_\_\_ Other

I am currently attending \_\_\_\_\_ College / University

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

**APPLICATION DEADLINE MAY, 31, 2023**

# Applicant's Character Report

TO BE COMPLETED ONLY BY AUTHORIZED SCHOOL OFFICIAL

The range scale below is based on the normal curve. Principals or headmasters are requested to use it by comparing the applicant with one or more recent and representative graduates of the same school who have been successful in college work, by entering check marks showing the results of the comparison in the appropriate spaces.

This information will, of course, be regarded as confidential.

Class standing of student \_\_\_\_\_ No. \_\_\_\_\_ out of \_\_\_\_\_

	Top 5%	Top 15%	Top 50%	Top 85%	Lowest 15%	
Social Maturity						
Reliability						
Initiative						
Courtesy						
Cooperation						

How long and in what connection have you known the applicant? *(Please do not fail to answer this question).*

Do you wish to add further comments concerning this applicant which might prove helpful to the Admissions Committee?

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School Official's signature \_\_\_\_\_

Date \_\_\_\_\_ Title \_\_\_\_\_

### IMPORTANT NOTE

This form IS NOT A TRANSCRIPT, but merely an application. IT MUST BE ACCOMPANIED BY AN OFFICIAL HIGH SCHOOL AND COLLEGE TRANSCRIPT.

Also, applicants who have any emergency or extenuating situations (loss of parent(s), recent accident or illness, etc.) are invited to attach an accompanying note of explanation.

## U.F.C.W. Local 919 Scholarship Forms

**Check the web site for printable forms**

**You can also request via a phone call or email to the union.**

**Education is the most powerful weapon which you can use to change the world. - Nelson Mandela**

**UFCW MEMBERSHIP HAS ITS' BENEFITS**

UNITED FOOD AND COMMERCIAL WORKERS UNION

**L O C A L 9 1 9**

U.F.C.W.



*“Dedicated to Serving Its Members and the Community for Over 70 Years”*

**Local 919**

It doesn't cost - It pays to belong to

© C-126

Return Service Requested



6 Hyde Road • Farmington, Connecticut 06032-2802

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UNITED FOOD AND COMMERCIAL WORKERS UNION

**WHEN YOU MOVE ...**  
Please Notify Your Local  
Union Immediately

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Farmington, CT